



**Healthy Mothers, Healthy Babies**  
The Montana Coalition

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# Linking Infants and Families to Supports (LIFTS) in Montana

Presented for MOMS ECHO

May 23, 2023



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**HMHB-MT**



# LIFTS

Linking Infants & Families to Supports

## LIFTS Online Resource Guide

Supports for families expecting  
or raising young ones

[LEARN MORE](#)





# LIFTS

Linking Infants & Families to Supports

I'm looking for Services in Three Forks, MT 

 Find Services

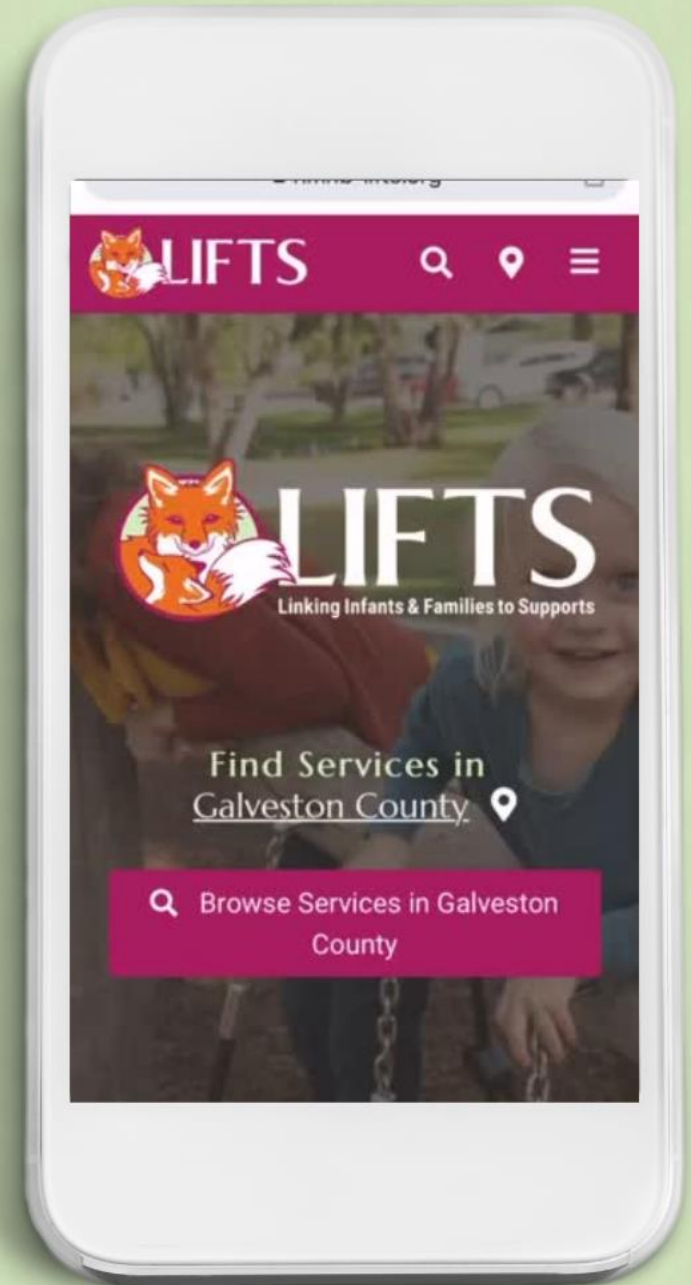


# LIFTS

Linking Infants & Families to Supports

*mobile friendly!*

<https://hmhb-lifts.org/>



# LIFTS, Built to Assist



- Improves awareness & access to resources for MT families
- Lists 3,000+ resources for families from pregnancy through age three
- Searchable by
  - ❖ 31 service types
  - ❖ 56 counties
  - ❖ User location
    - City
    - County
    - Reservation
    - Zip Code

# LIFTS Service Types

- Attachment and Bonding
- Birthing and Parenting Classes
- Car Seat Installers
- Certified Nurse Midwives
- Child Care Supports
- Child Development Information and Support
- Dental Services (accepting Medicaid)
- Domestic and Interpersonal Violence Resources
- Doulas and Other Birth Professionals
- Family Planning
- Family Practice
- Family Support and Education
- Food and Nutrition Supports
- Housing
- Lactation Support
- Medicaid Enrollment Assistance
- Medication for Opioid Use Disorders (MOUD)
- Mental Health Professionals
- Native Cultural Connections
- Obstetricians and Gynecologists
- Other, Legal and Social Services
- Pediatricians
- Peer Support Specialists
- Play Spaces
- Psychiatric Services
- Public Benefits Enrollment
- Public Libraries
- School Based Health Centers
- Substance Use Disorder Treatment Providers
- Supplies for Pregnancy, Breastfeeding and Baby Care
- Support Groups



# LIFTS, Built to Assist

## EVENTS

- Family-friendly
- Substance-free (or limited)
- Free / Low cost
- Social support and community connection
- Added by community organizations



# LIFTS, Built to Assist

## Family Support Providers

- List your services for parents, caregivers and other family support providers to find.
- Find other providers to refer families to.
- Help families find social connection.

## For Parents & Caregivers

- Find information on resources for their family all in one place.
- Search resources quickly using your computer or mobile device.
- Find family-friendly, substance-free (or limited) events locally and statewide.







Visit our

ONLINE Resource Guide

Find support for families expecting  
or raising young ones

<https://hmhb-lifts.org/>

# Continually Updating and Improving through:

- ❖ State level outreach to collect data from partners to update and expand information
- ❖ Collaboration with early childhood coalitions and other organizations
- ❖ Annual contact with service organization
- ❖ Welcoming user feedback

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A special

*Thank  
you!*

to our partners!



*Healthy People. Healthy Communities.*

Department of Public Health & Human Services



**MOMS**

Montana Obstetrics  
& Maternal Support



**Healthy Mothers, Healthy Babies**  
The Montana Coalition

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*Thank you for all the good work you do  
in the lives of families & children.*

For questions, please contact me  
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Dawn Gunderson  
HMHB-MT Program and Communications Coordinator



**HMHB-MT**

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[www.hmhb-lifts.org](http://www.hmhb-lifts.org)