Family Health Services

Maternal Child Health
Home Visiting

RiverStone Health
Connecting you to a better life
Programs

Nurse-Family Partnership
Parents as Teachers
Maternal Child Health
Healthy Spark
Key Points

• Prevention focus
• Relationship based
• Resource referrals and partnerships
• Health happens at the speed of trust
Family Health Home Visiting

What we do...

- Breastfeeding education by certified lactation counselors
- Case management for pregnant women and their children
- Referrals for healthcare, housing and financial assistance
- Developmental screenings for infants and children
- Nutrition counseling
- Guidance for life changes
- Childhood education
- Education for a healthy pregnancy, healthy infant
- Help with infant and child feeding challenges
- Parenting skills support
Who we serve...

- Pregnant women
- Families with infants, pre-school aged children and children with special healthcare needs
- Yellowstone County
- Services are at no charge to the clients
Pregnant moms and addiction

• “We’re not going to arrest our way out of this.”
A New Approach
Collaboration

- St. Vincent Health SCL
- Rimrock Foundation
- RiverStone Health
Program Basics

• St. Vincent Midwifery patients
• Screening and enrollment
• Texts synced to perinatal status
• Texts synced to substance use status
• Care Companion resources and education
• CHAT feature
Nurse-Family Partnership

Why Nurses?

- All home visitors are BSN-RN’s
- Knowledge, judgment and skills
- High level of trust, low stigma
- Credibility and perceived authority
- Nursing theory and practice at core of original model
Who we serve...

- Any pregnant mother
- First time mom’s enroll prior to 28 weeks pregnant and previous mom’s enroll anytime before delivery
- SNAP/WIC/Medicaid/TANF Qualified
- Voluntary participation and FREE
- Yellowstone County
- Father and family members can participate with mom and baby
Nurse-Family Partnership

What we do...

- Evidence based practice
- Weekly to biweekly visits beginning in pregnancy until child’s 2nd birthday
- Help families:
  - Have a healthy pregnancy and baby
  - To be better parents
  - Build a strong support network
  - Have a safe home and environment
  - Continue education and develop job skills
  - Set goals and find ways to reach them
  - Access to community resources via referrals
- Meet and greets for families in the program
Parents as Teachers

What we do...

- Evidence based practice
- Every other week visits
- Help family:
  - Look at their child’s development and talk about parenting challenges
  - Think about family dynamics and how they impact their child’s development and their parenting values and decisions
  - Build strong protective factors for the child and family to be healthy, strong and resilient
- Refer to community resources
- Group connections for families