



Family Health Services

Maternal Child Health Home Visiting

RiverStone Health

Connecting you to a better life



Programs

Nurse-Family Partnership
Parents as Teachers
Maternal Child Health
Healthy Spark



Key Points

- Prevention focus
- Relationship based
- Resource referrals and partnerships
- Health happens at the speed of <u>trust</u>



Family Health Home Visiting

What we do...



- Breastfeeding education by certified lactation counselors
- Case management for pregnant women and their children
- Referrals for healthcare, housing and financial assistance
- Developmental screenings for infants and children
- Nutrition counseling
- Guidance for life changes
- Childhood education
- Education for a healthy pregnancy, healthy infant
- Help with infant and child feeding challenges
- Parenting skills support



Family Health Home Visiting

Who we serve...



- Pregnant women
- Families with infants, pre-school aged children and children with special healthcare needs
- Yellowstone County
- Services are at no charge to the clients



Pregnant moms and addiction

• "We're not going to arrest our way out of this."



A New Approach





Collaboration



- St. Vincent Health SCL
- Rimrock Foundation
- RiverStone Health



Program Basics

- St. Vincent Midwifery patients
- Screening and enrollment
- Texts synced to perinatal status
- Texts synced to substance use status
- Care Companion resources and education
- CHAT feature



Nurse-Family Partnership

Why Nurses?



- All home visitors are BSN-RN's
- Knowledge, judgment and skills
- High level of trust, low stigma
- Credibility and perceived authority
- Nursing theory and practice at core of original model



Nurse-Family Partnership

Who we serve...



- Any pregnant mother
- First time mom's enroll prior to 28 weeks pregnant and previous mom's enroll anytime before delivery
- SNAP/WIC/Medicaid/ TANF Qualified
- Voluntary participation and FREE
- Yellowstone County
- Father and family members can participate with mom and baby



Nurse-Family Partnership

What we do...



- Evidence based practice
- Weekly to biweekly visits beginning in pregnancy until child's 2nd birthday
- Help families:
 - Have a healthy pregnancy and baby
 - To be better parents
 - Build a strong support network
 - Have a safe home and environment
 - Continue education and develop job skills
 - Set goals and find ways to reach them
 - Access to community resources via referrals
- Meet and greets for families in the program





Parents as Teachers...





Parents as Teachers

What we do...



- Evidence based practice
- Every other week visits
- Help family:
 - Look at their child's development and talk about parenting challenges
 - Think about family dynamics and how they impact their child's development and their parenting values and decisions
 - Build strong protective factors for the child and family to be healthy, strong and resilient
- Refer to community resources
- Group connections for families

