



Pregnant and Post-Partum Women; SAMHSA Pilot Grant Project

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Project Objective

The Montana Department of Public Health and Human Services; Addictive and Mental Disorders Division (AMDD) proposes to enhance substance use disorder (SUD) and family strengthening services for pregnant and postpartum mothers experiencing SUD through the:

Strengthening Families Initiative (SFI)

SFI: Population and area of Focus

- SFI will support pregnant and postpartum women with SUD as a primary diagnosis and their families statewide in Montana.
- SFI will oversee the implementation of this work in collaboration with other DPHHS Divisions including the Child and Family Services Division (CFSD), the Early Childhood and Family Services Division (ECFSD), and Health Resources Division (HRD).

Overview

Montana's support for prenatal and postpartum women with substance use disorders and their families is guided by a shared vision for the future, a service system mission, and guiding principles.

VISION:

Healthy Children, Mothers, and Families

MISSION:

Implement and improve an appropriate statewide system of prevention, treatment, care, and rehabilitation for Montanans with mental disorders or addictions to drugs or alcohol.

Overview Cont'd

GUIDING PRINCIPLES:

1. Recovery is a reality. It can, will, and does happen.
2. We recognize and honor parents as the experts of their children.
3. We prioritize making changes in policies, programs, and funding that promote health equity for all Montanans.
4. We know treatment and recovery happen within a broader social, health, environmental, and cultural context. We recognize this and are committed to supporting women and their families across the social determinants of health.
5. We understand that there are many pathways to recovery and are dedicated to supporting person-centered SUD treatment and recovery.
6. We strive to innovate and grow, ensuring data and evidence drive our work.
7. We value collaborative partnerships and our work with community agencies to best support Montanans.
8. We administer programs with integrity and accountability.

Goals, Objectives, and Strategies

DPHHS' work to support prenatal and postpartum women with substance use disorders and their families is organized into five goals:

1. Equitable Access.
2. Coordination.
3. Workforce.
4. Engagement.
5. Sustainability.

Partners



Objective of contractual partnerships

The six contracts under this initiative increases the state's capacity to:

- Provide a full continuum of care to this population by increasing the number and capacity of SUD providers
- Piloting two EBPs with similar approaches to treating pregnant/postpartum women for SUD and trauma
- Piloting Montana's first family-based recovery home which includes fathers as an integral and important part of the family system

GOLDEN GOAL:

This pilot project will be reviewed for potential expansion under Medicaid.

GOAL 1: Equitable Access

Pregnant and postpartum women with SUDs and their families equitably receive services and supports to meet their needs across the continuum of care.

- Montana is committed to enhancing its continuum of care to ensure all pregnant and postpartum women with SUDs and their families connect to effective services and supports.
- We work to promote health equity as a state and using data and targeted strategies to address disparities in access and outcomes related to race, ethnicity, tribal affiliation, income level, and geography.
- We are committed to meeting individuals and families where they are to enhance equitable access.

GOAL 2: Coordination

Programs and services are coordinated to provide seamless services, support quality improvement, and avoid duplication.

- Effective cross-program, cross-sector coordination supports improved access, individual and family navigation, provider communication, and outcomes for individuals and families.
- Montana has invested in integrated behavioral health for pregnant and postpartum women through the Meadowlark Initiative and care coordination across the social determinants of health through Meadowlark and other health, family stability, and early childhood projects.
- The Strengthening Families Initiative provides an opportunity to further enhance coordination with specialty SUD treatment and recovery services for pregnant and postpartum women and their families.

GOAL 3: Workforce

Montana has a confident and effective behavioral health workforce that supports the needs of pregnant and postpartum women with SUDs and their families.

- Our success is predicated on having a highly skilled and motivated workforce to build capacity and provide high quality services for women with SUDs and their families.
- Capacity building is focused on increasing the number and quality of behavioral health providers.
- The SFI project specifically addresses existing provider capacity gaps through increased workforce development to expand the number of Licensed Addiction Counselors (LACs), dually licensed mental health and SUD providers, and peer support specialists with specialized training to support pregnant and postpartum women with SUDs and their families.

GOAL 4: Engagement

Families are partners in creating safe, stable, and nurturing relationships and environments.

- We value the experience and voice of people with lived experience in developing, implementing, and evaluating our programs and service systems.
- Montana engages family members as partners and leaders in its efforts to ensure its programs are guided by the principles of inclusion and equity.

GOAL 5: Sustainability

Our policies and funding demonstrate our sustained commitment to supporting pregnant and postpartum women with SUDs and their families.

- The SFI project will enhance our continuum of care, ensuring pregnant and postpartum women with SUDs and their families receive the services and supports they need to thrive.
- We are dedicated to sustaining this work beyond the grant project.
 - Long Term Goal:
- We will work to increase public understanding and community engagement, and will shape our policy, procedure, and funding decisions to reflect our commitment.

PPW Strategic Plan 2020-2023

[Montana PPW Strategic Plan 2021-03-30.pdf](#)



Questions?

Thank you!

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