

# MOMS

Montana Obstetrics  
& Maternal Support

## DEMONSTRATION PROJECT

**The Montana Obstetrics & Maternal Support (MOMS) program connects rural providers to obstetrical/gynecological, maternal-fetal health, mental health and substance abuse specialists to build competency and consistency across perinatal providers.**

***The MOMS demonstration project will work to:***

- Catalyze multidisciplinary collaboration in maternal health
- Evaluate maternal health in Montana and create a plan to address disparities
- Promote and execute innovation in maternal health service delivery

### ASSESS

**Continually assess the status of maternal health in Montana in order to formulate and implement strategies to address identified disparities.**

***Needs Assessment***

- Patient populations
- Patient needs
- Care access issues
- Staffing
- Equipment
- Facilities
- Training/education
- Telehealth/outreach
- Access to behavioral health



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*For more information, visit [mtmoms.org](http://mtmoms.org)*

### TRAIN

**Provide evidence-based simulation training, didactic education, and certification opportunities to Montana's perinatal and postpartum medical and behavioral health providers to promote competency and consistency across the state.**

#### *Simulation In Motion- Montana (SIM-MT)*

- For non-birthing, critical access hospitals
- Mobile, high fidelity simulations
- Designed to reduce medical errors, improve patient outcomes, and increase team performance
- Aims to overcome health disparities and integrate best practices

#### *Emergencies in Clinical Obstetrics (ECO)*

- Developed by the American College of Obstetricians and Gynecologists (ACOG)
- Training for all levels of providers practicing in birthing hospitals
- Five units covering: breech vaginal delivery, shoulder dystocia, postpartum hemorrhage, umbilical cord prolapse, and teamwork/communication

#### *Nursing Certification*

- Neonatal Resuscitation Program (NRP)
- Electronic Fetal Monitoring (EFM)
- Sugar, Temperature, Airway, Blood pressure, Lab work, and Emotional support (S.T.A.B.L.E.)
- Pediatric Advanced Life Support (PALS)

### SUPPORT

**Provide resources, education, and consultation opportunities to rural providers in efforts to increase content knowledge, limit provider isolation, and improve access to evidence-based best practices.**

#### *Project ECHO (Extension for Community Health Outcomes)*

- Low-cost, high-impact virtual platform connecting rural providers (spokes) to an interdisciplinary team of experts (hub)
- Includes didactic education and case-presentations/review
- Enables primary care clinicians to develop the skills and knowledge to treat patients with common, complex conditions in their own communities
- Dramatically improves both capacity and access to specialty care for rural and underserved populations

***Creation of maternal health care guides, toolkits, and other resources to be disseminated to providers and facilities across the state.***

### INTEGRATE

**Collaborate with statewide programs/initiatives, health systems, community health agencies, providers, and other stakeholders involved in perinatal/postpartum care to integrate innovations in telemedicine and behavioral health to improve maternal health care across Montana.**

#### *Integrate behavioral health services into perinatal and postpartum care*

- Mental health screening and treatment
- Substance use disorder (SUD) screening and treatment
- Medication-assisted treatment (MAT)

#### *Telehealth and outreach clinics*

- For medical and behavioral health services



**FOR MORE  
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*For more information, visit **mtmoms.org***